



Stress First Aid Agenda

February 23, 2024

Day 2 Session

9:00 am-1:00 pm

9:00 am-9:45 am	Intro/Recap Day 1/Housekeeping Items <ul style="list-style-type: none">• Slides 1-16 (Sue)
9:45am-10:20am	5 th C's Connect <ul style="list-style-type: none">• Slides 17- 29 Connect (Sue)
10:20 am-10:30 am	Group Discussion Slide 30
10:30am- 10:40am	Break Slide 31
10:40 am-11:30 am	6 th -7 th C's Competence/Confidence <ul style="list-style-type: none">• Slides 32-63 (Shannon)
11:30 am-11:45 am	End / Overview of the C's <ul style="list-style-type: none">• Slides 64-66 (Sue)
11:45am-11:55am	Break Slide 67
11:55 am-12:35 pm	Awareness Brief <ul style="list-style-type: none">• Separate Slide Deck (Shannon)
12:35 pm-1:00 pm	Awareness Brief Assignment / Closing Comments/Questions <ul style="list-style-type: none">• Slides 69-70 (Sue & Jenn)