



NEW JERSEY NURSING EMOTIONAL
WELL-BEING INSTITUTE

Virtual Schwartz Rounds

Evening Session

What Makes a Hard Day Worth It?



This one-hour session will provide nurses with a safe and supportive space to openly discuss the various challenges of their demanding and fast-paced careers.



IDENTIFY

Recognize the moments, people, and connections that can bring meaning to a difficult day



DISCUSS

Share the experiences that remind us why we continue to show up, even on the hardest days



REFLECT

Consider what helps us find meaning, purpose, or connection when the day feels especially challenging.



Wednesday, October 14, 2026



7:00 - 8:00 PM



Virtual via Zoom



Audience: All Nurses

REGISTER NOW



VSR offers 1 contact hour *per session*.



JOINT ACCREDITATION[™]
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.



_njnew

the schwartz center
FOR COMPASSIONATE HEALTHCARE

