NJ new

NEW JERSEY NURSING EMOTIONAL WELL-BEING INSTITUTE

Virtual Schwartz Rounds

Evening Session

We Know the Signs.

Are We Acknowledging Our Own?



This one-hour session will provide nurses with a safe and supportive space to openly discuss the various challenges of their demanding and fast-paced careers.

IDENTIFY

Identify the ways we overlook or minimize our own physical and emotional health needs.

SHARE

Share experiences of ignoring symptoms, delaying appointments, or putting our health aside while caring for others.

REFLECT

Reflect on what it would take to recognize and respond to our own warning signs and prioritize our health and well-being throughout life.

Wednesday, December 9, 2026

7:00 - 8:00 PM

Virtual via Zoom

Audience: All Nurses

REGISTER NOW

VSR offers 1 contact hour *per session*.

JOINT ACCREDITATION
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education(ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.

_njnew

the schwartz center
FOR COMPASSIONATE HEALTHCARE